# ADULT CHIROPRACTIC HEALTH RECORD

ABOUT YOU	
NAME:	
ADDRESS:	
CITY:	STATE/ZIP CODE:
PHONE NUMBER:	
EMAIL ADDRESS:	
DATE OF BIRTH:	AGE:
GENDER:	
MARITAL STATUS:	NUMBER OF CHILDREN:
EMPLOYER:	
EMPLOYER NUMBER:	OCCUPATION:

# ABOUT YOUR SPOUSE

NAME:	
ADDRESS:	
CITY:	STATE/ZIP CODE:

HEALTH HABITS			
DO YOU SMOKE?	YES	NO	
DO YOU DRINK ALCOHOL?	YES	NO	
DO YOU DRINK COFFEE, TE	A, OR SODA?	YES	NO
DO YOU EXERCISE REGULA	RLY? YE	S NO	
DO YOU WEAR:			
□ HEEL LIFTS □ SOLE I	LIFT 🗆 IN	NER SOLES	□ ARCH SUPPORT

## MEDICATIONS YOU TAKE

CHOLESTEROL MEDICATIONS	□ INSULIN
STIMULANTS	PAIN KILLERS
TRANQUILIZERS	BLOOD PRESSURE MEDICINE
MUSCLE RELAXORS	□ OTHER



Infinity Wellness Center (806)224-0063

## CHIROPRACTIC EXPERIENCE

WHO REFERRED YOU TO OUR OFFICE?

HAVE YOU BEEN ADJUSTED BY A CHIROPRACTOR BEFORE?

IF YES, WHAT WAS THE REASON FOR THOSE VISITIS?

DOCTOR'S NAME:

APPROXIMATE DATE OF LAST VISIT?

## REASON FOR THIS VISIT

DESCRIBE THE REASON FOR THIS VISIT:

WHEN DID THIS CONCERN BEGIN?

HAS THIS CONCERN:

□ GOTTEN WORSE □ STAYED CONSTANT □ CAME AND GONE

DOES THIS CONCERN INTERFERE WITH:

□ WORK □ SLEEP □ DAILY ROUTINE □ OTHER ACTIVITIES

PLEASE EXPLAIN:

PLEASE EXPLAIN:

HAVE YOU SEEN OTHER DOCTORS FOR THIS CONCERN ?  $\Box$  YES  $\Box$  NO

DOCTORS NAME: TYPE OF TREATMENT:

RESULTS: GOOD BAD INDIFFERENT

SURGERIES:

## SUPPLEMENTS YOU TAKE

ESSENTIAL FATTY ACIDS	PROBIOTIC
□ MULTIVITAMIN WHICH:	🗆 VITAMIN D3
CALCIUM / MAGNESIUM	OTHER
U VITAMIN C	OTHER

FOR WOMEN ONLY
WHEN THE FIRST DAY OF YOU R LAST MENSTRUAL CYCYLE?
ARE YOU PREGNANT?
IF YES, WHEN IS YOUR DUE DATE?
ARE YOU NURSING?
ARE YOU TAKING BIRTH CONTROL?
HAVE YOU HAD A HYSTERECTOMY OR TUBAL 🛛 YES 🗆 NO
DO YOU:
EXPERIENCE PAINFUL PERIODS?  □ YES □ NO
HAVE I RREGULAR CYCLES?
HAVE BREAST IMPLANTS?
I have completed the pregnancy questionnaire above truthfully and under- stand that I should not have x-rays if I could be pregnant. I authorize Infini- ty Wellness Center to perform diagnostic x-rays to help develop a treatment

stand that I should not have x-rays if I could be pregnant. I authorize Infinity Wellness Center to perform diagnostic x-rays to help develop a treatment plan. I understand and agree that Infinity Wellness Center is released from all liability and litigation pertaining to myself and my unborn child. Signature Date:

### GOALS FOR YOUR CARE

People see Chiropractors for a variety of reasons. Some go for relief of pain, some to correct the cause of pain and others for correction of whatever is malfunctioning in their body. Your Doctor will weigh your needs and desires when recommending your care program. Please check the type of care desired so that we may be guided by your wishes whenever possible.

□ Relief care: Symptomatic relief of pain or discomfort,

□ **Corrective care:** Correcting and relieving the cause of the problem as well as the symptoms.

**Comprehensive care:** Bringing whatever is malfunctioning in the body to the highest state of health possible with Chiropractic care.

#### Rate your health :

Place an **'X'** that denotes where you believe your current level of health to be. Place an **'O'** indicating where you would like your health to be.



### WERE YOU AWARE THAT ...

DOCTORS OF CHIROPRACTIC WORK WITH THE NERVOUS SYSTEM?

 $\Box$  YES  $\Box$  NO

THE NERVOUS SYSTEM CONTROLS ALL BODILY FUNCTIONS AND SYSTEMS?

 $\Box$  YES  $\Box$  NO

CHIROPRACTIC IS THE LARGEST NATURAL HEALING PROFESSION IN THE WORLD?



## **AUTHORIZATION FOR CARE**

I hereby authorize the doctor to work with my condition through the use of acupuncture, A.M.I.T., Class IV laser, chiropractic, cupping, decompression, dry needling, Graston, Nasal Specific technique and/or pulse. as he or she deems appropriate. I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I agree that I am responsible for all bills incurred at this office. The doctor will not be held responsible for any pre-existing medically diagnosed conditions nor any medical diagnosis. I also understand that if I suspend or terminate my care, any fees for professional services rendered to me will become immediately due and payable.

I hereby authorize assignment of my insurance rights and benefits (if applicable) directly to the provider for services rendered. I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. I understand that the Doctor's Office will prepare any necessary reports and forms to assist me in collecting from the insurance company and that any amount authorized to be paid directly to the Doctor's Office will be credited to my account on receipt.

**Ownership of X-ray Films**: it is understood and agreed that the payments to the Doctor for X-rays is for examination of X-rays only. The X-ray negative will remain the property of the office. They are kept on file where they may be seen at any time while I am a patient at this office.

#### Initial If Read Above: \_\_\_\_

## **TERMS OF ACCEPTANCE**

When accepting a new client who is seeking acupuncture, A.M.I.T., Class IV laser, chiropractic, cupping, decompression, dry needling, Graston, Nasal Specific technique and/or pulse, it is essential for both the client and the doctor to be working towards the same objective. Chiropractic has only one goal to work toward the cause, not the effect. It is only when the client understands both the objective and the method that they will be able to attain it. This will prevent any confusion or disappointment.

An <u>adjustment</u> is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments to the spine. <u>Health</u> is a state of optimal physical, mental, and social well-being, not merely the absence of disease. <u>Vertebral Subluxation</u> is a misalignment of one or more of the joints in the body. This can cause pain or alteration of nerve function and interference of the transmission or nerve impulses, lessening the body's innate ability to maintain maximal health.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of a chiropractic spinal evaluation, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area. Regardless of what the disease is called, we do not off to treat it. Nor do we offer advice regarding treatment prescribed by others. Our only practice objective is to eliminate a major interference to the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxation.

I have read and fully understand the above statement. Any questions regarding the Doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction. I therefore accept chiropractic care on this basis.

#### Initial If Read Above: \_

## NOTICE OF PRIVACY POLICY

Protecting the privacy of your personal health information is important to us. Disclosure of your protected health information without authorization is strictly limited to defined situations that include emergency care, quality assurance activities, public health, research, and law enforcement activities. Any other disclosures for the purposes of treatment, payment, or practice operations will be made only after obtaining your consent.

- You may request restrictions on your disclosures.
- You may inspect and receive copies of your records within 30 days with a request.
- You may request to view changes to your records.
- In the future, we may contact you for appointment reminders, announcements, and to inform you about our practice and staff.

I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information.

I understand that this information can and will be used to:

- Conduct, plan, and direct my treatment and follow up with multiple healthcare providers who may be involved in that treatment directly or indirectly.
- Obtain payment from third party payers.
- Conduct normal healthcare operations such as quality assessments and physician's certifications.
- You may request a super bill, documentary of visits by email.

I have read and understood your Notice of Privacy Practices. A more complete description can be requested. I also understand that I can request, in writing, that you restrict how my personal information is used and /or disclosed.

PATIENT NAME (PLEASE PRINT):	RELATIONSHIP TO PATIENT (IF MINOR):		
SIGNATURE:	DATE:		

## **DISC Style Assessment**

EXAMP	LE:						
	<b>Demanding</b> Assertive	Outgoing Active		Kind Nice Caring	М	Proper Formal	
1	Firm Strong	Outgoing Active		Gentle Soft Humble		Law-abiding Conscientious	
2	Brave Adventurous	Enthusiastic Influencing		Content Satisfied		Compliant By the book	
3	Controlling Take charge	Persuading Convincing		Merciful Sensitive		Pondering Wondering	
4	Convinced Cocky	Delightful Pleasant		Peaceful Calm		Conservative Inflexible	
5	Determined Optimistic	Entertaining Clowning		Shy Mild		Competent Does right	
6	Industrious Hard working	Smiling Happy		Timid Soft spoken		Systematic Follows plans	
7	Decisive Sure Certain	Friendly Cordial Popular		Obedient Submissive		Careful Cautious	
8	Winner Competitive	Admirable Elegant		Diplomatic Peacemaking		Contemplative Thinker	
9	Outspoken Opinionated	Inducing Charming		Hospitable Enjoys company	/	Inventive Imaginative	
10	Forceful Strong-willed	Hyper Energetic		Considerate Thoughtful		Perfectionist Precise	
11	Challenging Motivating	Talkative Verbal		Steady Dependable		Accurate Exact	
12	Zealous Eager	Exciting Spirited		Quiet Reserved		Organized Orderly	
13	Will buy on impulse	Will spend as I want		Will wait, no pressure		Will do with- out, self- controlled	
14	Bold Daring	Happy Carefree		Pleasing Kind		Cool Collected	
15	Rules need to be challenged	Rules make it boring		Rules make it safe		Rules make it fair	
16	Wants more authority	Wants new opportunities		Wants safety, security		Wants clear direction	
17	A good delegator	A good encourager		A good listener		A good analyzer	
18	Courageous Bold	Animated Laugh out loud		Please others Team player		Correct Exact	
	D	Ι	For Office	S e Use Only		С	
М			00				

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## **INSTRUCTIONS:**

To the left are 18 word groupings that are associated with 4 main personality "styles".

Read the words in each row and mark the word group that is MOST like you with an "M".

It is important that you **DO NOT** choose what you want to be, or what others think you are, but what you really are in **YOUR** real life.



## Consent to Text Messaging Reminders/Missed Appointments

I give permission consent to receive text messages from Infinity Wellness Center through Ring Central:

- (1) Infinity Wellness Center may send text messages in various formats, including but not limited to, text messages about appointment reminders or missed appointments.
- (2) You are the owner or authorized user of the mobile phone number identified below. You will notify us immediately if you are no longer the owner or authorized user of the mobile phone number identified below.
- (3) You are solely responsible for any message and data charges associated with text messaging.

If you do not wish to receive text messages from Infinity Wellness Center, please do not sign this form.

Client Name:\_\_\_\_\_

Signature:

Mobile Phone Number:\_\_\_\_\_



## **Empowering Others**

Sometimes we take photos in our office to document the progress of results and care.

Often, those photos can be used to empower and educate other families the power of

chiropractic/acupuncture/dry needling/cupping/PEMF/AMIT/laser therapy/decompression for similar things going on.

You are answering below on behalf of yourself or your child for these photos to be used for printed or web materials for potential educational opportunities.

\_\_\_\_\_Initials to say YES

\_\_\_\_\_Initials to say NO